









# Silver Spring Neighborhood Center's FREE Relationship Skills Education For Singles & Engaged Couples

Thursdays, January 6, 13, 20, 27 2010, 5:30-8:30 p.m.

Silver Spring Neighborhood Center  
5460 N. 64th Street  
Milwaukee, WI



## Individuals and Couples Will Learn How To:

-  Establish Physical & Emotional Safety
-  Communicate Expectations & Needs
-  Identify & Practice Smart Love
-  Resolve Conflict Without Increasing Tension
-  Forgiveness and Trust After Infidelity
-  Understand Impact of Commitment on Self & Children

**(Incentives will be provided to all who complete the class.)**

**For more information or to register, call Angelique at 414-326-3150.**

**Offered by the Center for Self-Sufficiency, Inc. as part of its Vow to Succeed Program.**

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